

# Porter Pride Wrestling

February 2025

**It is time to give wrestling a try.** The best time to get involved with wrestling is in the Middle School years! With our introductory six-week season, you will learn the basics of the oldest and greatest sport. Strength, dedication and determination help us to get physically and mentally tougher through Middle School Wrestling. This is a tremendous sport to help with the basics of all other sports.

The first day of practice is Tuesday, February 18. The calendar of practices and competitions is on the back of this page. There is a \$30 activity fee and an *optional* \$15 t-shirt fee. We are getting new shirts printed this year and what we have is a limited number so if interested buy early.

Wrestling is a non-cut sport. Students who go out **will** make the team and get a chance to compete throughout the season provided they are in good standings with grades and behavior expectations laid out by our student handbook.

Competition will be against kids approximately your own weight. In most cases, 6<sup>th</sup> Graders wrestle only 6<sup>th</sup> graders and 7<sup>th</sup> and 8<sup>th</sup> are combined. Girls wrestle only other girls and 6<sup>th</sup> through 8<sup>th</sup> are combined in this division. Proper uniform will be fitted t-shirt and shorts for practice and competition. Low cut shirts and tank tops do not fit into this category. A compression top under a t-shirt may be needed by some athletes. Shorts should not go past knees but must also be of proper length not to expose while competing. Shorts with exposed metal should not be on the mats. We have about 30 pairs of wrestling shoes to loan, which I need back at the end of the season! We are in search of shoe donations if you know of any. We are also looking for donations to offset the expense of \$10,000 worth of mats. Please let Coach Love know if you have connections in this department.

Porter athletes are encouraged to join one of the local wrestling clubs. Those who join will be wrestling against other schools in NW Montana. Saturday tournaments are a LOT of fun and give much more experience on the mat to get ready to compete at the high school level. They are a great way to meet new friends from Western Montana. It's not too late to join by visiting [spartanyouthwrestling.com](http://spartanyouthwrestling.com). We currently have 6-8 from Porter on this team.

If you have any questions, please contact Coach Love for more information.

Planning on a GREAT season! Yours in wrestling,

## Coaches

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Join the excitement; join the fun, Join CS **Porter Pride Wrestling!!**